

SMALL GROUP QUESTIONS

1. After listening to the sermon, do you have any questions or insights?
2. Read Heb 3:7-19. Answer the following:
 - a. Summarize what was happening with the Israelites when they arrived at the edge of the Promised Land (See Numbers 13).
 - b. How were the circumstances in Hebrews similar to the incident in Numbers 13?
 - c. How did the Israelites harden their hearts?
 - d. What were the results?
3. Read Hebrews 3:11,18-19; 4:1-11; Matt 11:28-30 and discuss the following:
 - a. Define God's rest.
 - b. How do we enter into God's rest?
 - c. Why should we want God's rest?
 - d. What causes us to leave it?
4. Read Heb 4:1-2. Considering what you discussed in question 3, why is just reading the One Year Bible not enough to enter God's rest?

Break into gender groups to discuss the following:

5. When have you experienced God's rest in the midst of difficulty, chaos, or uncertainty?
6. Read Heb 3:12-14 and discuss the following:
 - a. In what ways is sin deceitful?
 - b. How could you be deceived into hardening your heart when you read or hear God's Word?
 - c. Is there anything that God has said that you're not trusting in and acting on right now?
 - d. What are some ways your small group can help you put verse 13 into practice?

G O S ' S R E S T

Dave Dawson | Hebrews 4:1 | November 2, 2014

- I. There is a place called "**God's rest**". Num 13:27-33; Heb 3:7-11
 - A. It is a place of God's **promise** and God's presence. Num 10:33-36; Deut 12:8-11a; I Jn 1:9
 - B. It is a place both **physical** and spiritual. Josh 21:44-45
 - C. It is a place both **future** and present.
- II. There is an **entrance** to His rest.
 - A. **Unbelief** and rebellion bar the entrance. Heb 3:7-12; 15-19
 - B. **Faith** and follow through open the entrance. Heb 4:1-3a;
- III. God invites us **today** to enter His rest. Gen 2:1-3; Heb 4:4-7
 - A. He calls **believers** to enter His rest.
 - B. He calls **unbelievers** to enter His rest.