

OVERCOME: Anger - April 22, 2018 - Jason Greene**QUICK REVIEW**

1. As you consider this week's worship gathering, was there anything you heard for the first time or that caught your attention, challenged, or confused you? It could have been through a song, the sermon, another person, or an experience.

SCRIPTURE-BASED MIXER

2. Proverbs 14:29 says "Whoever is slow to anger has great understanding, but he who has a hasty temper exalts folly" (ESV). Who is a person you look up to that has "great understanding" when it comes to controlling his or her anger?

MY STORY

3. What injustice(s) in the world do you get most upset about?
4. Has your anger over an injustice ever led to you taking action?

DIGGING DEEPER

5. How is anger addressed by Jesus in these passages?
 - Mathew 5:21-22
 - Luke 6:45
6. When we find ourselves getting angry, we need to stop and ask, "*What am I loving so much right now that my heart is moved to feel angry?*"
 - Read the story of the two sons found in Luke 15:11-32.
 - Take a moment and analyze the source of the older son's anger (v.28).
7. The Bible provides a road map for growth and change when it comes to overcoming anger and so much more. Read these verses and note the ways God provides help in producing supernatural change: Consider:
 - Colossians 1:13
 - 2 Corinthians 5:17
 - Ephesians 4:22-24

TAKING IT HOME (APPLICATION)

8. Have you experienced unrighteous anger this week? How did you handle it? What might you do differently in light of God's Word?

- I. USE your anger for GOOD

Psa. 119:53;
Matt. 21:12-13

- II. RESOLVE your anger QUICKLY

James 1:19-20

- III. PROTECT your anger from EVIL