

# SMALL GROUP QUESTIONS

## SUMMER 2018

### The Profit of Discipline | I Timothy 4:7-8

May 27, 2018 - James Armstrong

#### THIS SUMMER'S SERMON QUESTIONS WILL BE DESIGNED TO:

- Help us study the Bible: individually, as a group, one-on-one, and as a family
- Draw out personal answers, applications, and insights
- Challenge us to walk as disciples
- Remind us to engage with non-believers

#### QUICK REVIEW

1. As you consider this week's worship gathering, was there anything you heard for the first time or that caught your attention, challenged, or confused you? It could have been through a song, the sermon, another person, or an experience.

#### MIXER

2. How did you see God at work in your life this week?

#### QUESTIONS FOR CONSIDERATION

3. What is the main point of the Scripture in this week's sermon?
4. What does that teach me about God (or Christ)?
5. What does that teach me about people and about myself?
6. In what way(s) did this sermon encourage or convict me? What is God directing me to change?

#### TAKING IT HOME (APPLICATION)

7. What Christian(s) can help me take the next step(s) of obedience?
8. Who will hold me accountable for taking the step(s) of obedience?

## THE PROFIT OF DISCIPLINE

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#### I. FIVE THINGS THAT DEFINE AN OUTLIER:

1. CONVICTION
2. CONCENTRATION
3. CONTEXT
4. OPPORTUNITY
5. DISCIPLINE

#### II. Get Rid of Distractions.

I Tim 4:7a

#### III. Know that Practice makes Perfect.

I Tim 4:7b  
I Cor 9:24

#### IV. WHAT ARE SPIRITUAL PRACTICES?

- A. What they are **not**
- B. What are **they**?

#### V. WHAT IS THE PURPOSE OF SPIRITUAL PRACTICES?

- A. What is **not** the purpose: Col 2:23
- B. What **is** the purpose? I Tim 4:7b
  1. Godliness implies spiritual **maturity**.
  2. Godliness implies spiritual **empowerment**.
  3. Godliness implies spiritual **depth**.
  4. Ultimately, godliness implies spiritual **transformation**

#### VI. WHY DO WE NEED THEM?

I Tim 4:8

- A. **Willingness**
- B. **Obedience**
- C. **Accountability**