

## **ANXIETY FREE**

Dave Dawson | Luke 12:22-34 | March 29, 2020

1. What exactly are you anxious about at the moment? Bring that anxiety to the Lord and put it on His strong shoulders.
2. Remember and express to God how He has provided for you in the past and how He continues to provide for all of creation.
3. Ask the Lord whom you may help and how you may help, in this time of crisis.