

DAY FOUR

APPLY

Now that we have learned about highlighting and explaining a text from the Bible, we are ready to move to step three of the HEAR method: apply. This is the important step where you take what you have read and ask God how it should have an impact on your life. There are several questions you can ask yourself as you wrestle with applying an ancient Biblical text to our current world and your life situation:

- How can this help me?
- What does this mean today? What does this mean to me?
- What would it look like if I applied this to my life?
- What is God saying to me?

As I re-read through Psalm 19, I was most struck by verses 7-9 where David talks about how perfect, sure, right, and pure is the law of the Lord. David really loved studying God's Word. It revived his soul, enlightened his eyes, and provided Him with wisdom and joy. You can tell how much he reveres it by his word choice. When David was alive, he only had five books of the Bible to read: Genesis, Exodus, Leviticus, Numbers, and Deuteronomy. Here I am with the whole Bible, God's entire Word to us, from beginning to end, and yet I sometimes find it a chore to read. I put it off. I read hurriedly just so I can check a box. I don't always delight in God's Word like David did. If David could find joy in Leviticus and Numbers, then I should be grateful that I have so much more to read and study! My takeaway is that I need to daily remind myself that I am honored to be able to read and study from all of God's Word. His Word can transform my life if I let it.

So now it's your turn. Read through all of Psalm 19, focusing on verses 10-14. What do you feel God is saying to you? How can you apply something from these verses to your life? Write down your thoughts on page 19 beside the "A".