

DAY TWO

PRAISE

Today we will focus on the first letter in the PRAY acronym, Praise. This is a time to focus on God and His specific attributes that stand out to you. To start, look through the list below of God's attributes and circle three that impact you the most. If there is an attribute not listed here that resonates with you more, write that one down instead.

Eternal	Wise
Faithful	Loving
Good	Infinite
Holy	Just
Omnipotent	Merciful
Omniscient	Gracious
Omnipresent	Longsuffering
Righteous	

Spend time praying through the three attributes you selected, reflecting on their implications and what they communicate about God. Praise Him for these. Here is an example:

Lord, thank you so much for your faithfulness! I can't fully grasp how faithful you are. You have always been faithful to me throughout my life. Even when I am faithless, you pursue me in your perfect faithfulness. For some reason you never give up on me. You continue to provide for me and uphold me like the loving Father you are. Thank you, God!

After spending time praising God for each attribute, ask this question of God, "Why do these attributes speak to me so deeply?" Be sure to take time and listen to what the Holy Spirit reveals to you.

Turn to page 33 and write down what He shows you during this time beside the "P".

JOHN 17:1-5

Grab your Bible and open to today's reading. Use the PRAY and HEAR tools as you spend time in the Word.

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